Title of Paper:

Subtitle (if any)

Even though it seems redundant, APA style formally wants you to add your title again as you start the body of your paper (see above). Generally, your paper should begin with an introduction. Note that everything should be double-spaced throughout the entire paper. Second, margins are 1-inch wide on all sides. The font should be Calibri 11 point. Every paragraph should be indented ½ inch.

Remember to cite your sources throughout the body of the paper. Articles and books are cited the same way in the text, yet they appear different on the References page. For example, an article by Cronbach and Meehl (1955) and a book by Bandura (1986) are written with the authors’ names and the year of the publication in parentheses. However, if you look on the References page they look a little different. Make sure you use in-text citations for anything you reference: (Johansson, 2009). Remember that APA style does not use footnotes or anything like that for citations. If you have two or more authors, use an ampersand (&) between authors’ names instead of the word “and” (Cronbach & Meehl, 1959). When you have three or more authors, just list the first author in the in-text citation, with “et al.” after it (et al. is “and more” in Latin) (Borrion et al., 2020). When quoting directly from an article, be sure to include a page number. For example, Rogers (1961) once wrote that two important elements of a helping relationship are “genuineness and transparency” (p. 37). Notice that the page number is included here. Alternatively, you could cite the same thing as (Rogers, 1961, p. 37).

References at the end of the paper should be in alphabetical order, double-spaced, with a hanging indent of ½”, as formatted below.
References


