



### **Najwa ElGerges (Ghawi)**

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## **Biography**

Najwa El-Gerges (El Ghawi) has a BSc in Nursing from Lebanese University (1988), a Master in Public Health from American University of Beirut (Health Services Administration, 1991) and a Doctorate in Therapeutic Patient Education from University Haute-Alsace France (2018). She is currently an assistant professor of Nursing at the Faculty of Nursing & Health Sciences at NDU. She was a lecturer and nursing program academic advisor at NDU since 2013. Dr. ElGerges has more than 20 years of experience in teaching nursing students at the Lebanese University and other academic institutions in terms of conducting courses, lecturing, supervising and coordinating clinical training. She taught Biostatistics tutorials and SPSS for Master and Medical students at Kuwait University, USEK and Saint Joseph University. She supervised the research thesis for medical, graduate and undergraduate nursing students. She followed many continuing education programs. She coordinated research projects at Kuwait University and IDRAAC. She collaborated in the writing of several research papers. She is a member of the committee of the nursing colloquium at the Ministry of Education and Higher Education and she is currently a member of the scientific committee at the Order of Nurses after being a chair of the Continuing Education Committee. Moreover, she is a reviewer in many journals. She presented her research work in many conferences, proceedings, and international venues.

## **Peer-reviewed Journals**

- Najwa S. ElGerges (2020) Effects of therapeutic education on Self-Efficacy, Self-Care Activities and glycemic control of type 2 diabetic patients in a Primary Healthcare Center in Lebanon", Journal of Diabetes & Metabolic Disorders The submission ID is: DMED-D-19-00171.DOI 10.1007/s40200-020-00567-4. The article is available as 'Online First': <http://link.springer.com/article/10.1007/s40200-020-00567-4>.
- Bou-Mitri C, Boutros PH, Makhlof J, Jaoudeh MA, El Gerges N, Fares JE, Yazbeck EB, Hassan H (2019) Exposure assessment of the consumers living in Mount Lebanon directorate to antibiotics through medication and red meat intake: Across-sectional study, Veterinary World, 12(9): 1395-1407. doi: 10.14202/vetworld.2019.1395-1407.
- J. Dib, N. El Gerges, S. Moukarzel, L.El Osta, S. HLAIS, A. Wehbe, P. Dechelotte, A. Aoun. Rate and correlates of a positive screen for eating disorders: a cross-sectional study among children and young adolescents in Lebanese schools. SUN-PO193-Abstracts / Clinical Nutrition 38 (2019) S59–S296.
- Bteich. S., El Gerges N, Moukarzel S, El Osta N, El Osta L, Hlais S, El Jabbour F, Aoun A, (2019) Factors, Beliefs and Behaviors Related to the Use of Weight loss Supplements, Clinical Nutrition, Vol. 38, SUN-PO 276, Elsevier, S161. DOI: 10.1016/S0261-5614(19)32906.
- Aoun, Antoine; Joundi, Janine; El Gerges, Najwa (2018) Prevalence and correlates of a positive screen for eating disorders among Syrian refugees. Eur Eat Disorders Rev. 1–11. <https://doi.org/10.1002/erv.2660>. Wiley and sons.

- Christelle Bou-Mitri, Darine Mahmoud, Najwa El Gerges, Maya Abou Jaoude, (2018) Food safety knowledge, attitudes and practices of food handlers in Lebanese hospitals: A cross-sectional study. *Food Control*, 94, 78–84.
- Aoun A, Joundi J & El Gerges N, (2018) Post-traumatic Stress Disorder and Associated Risk Factors: A cross-sectional study among Syrian refugees. *British Journal of Medical Practitioners, BJMP*. 11 (1):a1106.
- Aoun A, Karimeh T, El Gerges N, Obeid C, Wehbe A, Hlais S (2017). Vitamin D Testing and Supplementation in Clinical Practice: A Cross-Sectional Study Among Lebanese Physicians in a Middle Eastern Urban Setting. *Clinical Nutrition*; 36 (1): 162-3.
- Aoun A, Joundi J, El Gerges N, El Jabbour F and El Osta L (2017). Eating Disorders and Post-Traumatic Stress Disorder Among Syrian Refugees in North Lebanon: Screening and Correlation. *Clinical Nutrition*; 36 (1): 113.
- ElGerges Najwa & Abou Saleh Micheline, (2016) Infection Control from Curriculum to Practice, *Lebanese Journal of Nursing*, issue #5, pp. 55-60.
- Salameh P, Zeenny R, Salamé J, Waked M, Barbour B, Zeidan N, Baldi I, Jomaa, L., Issa, C., Farhat, G., Zeghondi, H., Gerges, N., Sabbagh, MT., Saleh, N., and Chaaya, M., (2016) Attitudes towards and Practice of sexuality among University Students in Lebanon. *Journal of Biosocial Sciences*; 48(2):233-48. doi: 10.1017/S0021932015000139.
- Salameh, P., Salamé, J., Waked, M., Barbour, B., Zeidan, N., Jomaa, L., Issa, C., Farhat, G., Zeghondi, H., Gerges, N., Sabbagh, MT., Saleh, N., and Chaaya, M., (2015) Addiction and Psychological Distress among University Students in Lebanon: The Moderating Effect of Gender. *Journal of Addiction Medicine and Therapy* 3(1): 1010.
- Salameh, P., Salamé, J., Waked, M., Barbour, B., Zeidan, N., Jomaa, L., Issa, C., Farhat, G., Zeghondi, H., Gerges, N., Sabbagh, MT., Saleh, N., and Chaaya, M., (2015) Addiction and Psychological Distress among University Students in Lebanon: The Moderating Effect of Gender. *Journal of Addiction Medicine and Therapy* 3(1): 1010.
- Salameh, P., Salamé, J., Waked, M., Barbour, B., Zeidan, N., Baldi, I. Jomaa L, Issa, C., Farhat, G., Zeghondi, H., Gerges, N., Sabbagh, MT., and Chaaya, M.; (2014) Exposure to pollution sources among university students: an exploratory look at the correlation with Physical and Mental Health; *Journal d'Epidémiologie et de Santé Publique, JESP N°14*, 41-52.
- Salameh, P., Jomaa, L., Issa, C., Farhat, G., Salamé, J., Zeidan, N., Baldi, I., Barbour, B., Waked, M., Zeghondi, H., Gerges, N., Sabbagh, MT., Saleh, N., and Chaaya, M. (2014) Assessment of Dietary Intake Patterns and Their Correlates among University Students in Lebanon- *Frontiers in Public Health*, 2, 185. <http://doi.org/10.3389/fpubh.2014.00185>.
- Salameh, P., Salame, J., Waked, M., Barbour, B., Zeidan, N., Baldi I., Jomaa L, Issa, C., Farhat, G., Zeghondi, H., Gerges, N., Sabbagh, MT., and Chaaya, M.; (2014) Risk perception, motives and behaviours in university students, *International Journal of Adolescence and Youth*, Vol. 19, No. 3, 279-292. <http://dx.doi.org/10.1080/02673843.2014.919599>.
- Salameh, P., Jomaa, L., Issa, C., Farhat, G., Zeghondi, H., Gerges, N., Sabbagh, M.T., Chaaya, M., Barbour, B., Waked, M., Salamé, J., Saadallah-Zeidan, N., & Baldi I., (2014) Assessment of health risk behaviours among university students: a cross-sectional study in Lebanon, *International Journal of Adolescence and Youth*, 19:2, 203-216, DOI: 10.1080/02673843.2012.733313 (Epub 2012).
- Salameh, P., Jomaa, L., Farhat, G., Zeghondi, H., Gerges, N., Issa, C., Sabbagh, M.T., Chaaya, M., Barbour, B., Waked, M., Salamé, J., Saadallah-Zeidan, N., Baldi, I., and The Lebanese National Conference for Health in Universities study group. (2013) The Young Adults' Cigarette Dependence (YACD) score: An improved tool for cigarette dependence assessment in university students. *Addictive behaviors* 38: 2174-2179.
- Salameh, P., Jomaa, L., Farhat, G., Zeghondi, H., El-Gerges, N., Issa, C., Sabbagh, M.T., Chaaya, M., Barbour, B., Waked, M., Salame, J., Saadallah-Zeidan, N., & Baldi, I., T (2012) Assessment of health risk behaviours among university students: a cross-sectional study in Lebanon. *International Journal of Adolescence and Youth*, DOI: 10.1080/02673843.2012.733313 (he Lebanese National Conference for Health in University Study Group) (<http://dx.doi.org/10.1080/02673843.2012.733313>)
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- Moody, P.M., El-Gerges, N., Memon, N. (2000) Attitudes of Kuwaiti Civil Servants towards Anti-Smoking Legislation. *The Kuwait Medical Journal*, 32(3) pp. 250-255.
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## Peer-reviewed Conference Proceedings

- ElGerges Najwa (2-4 November 2021) Virtual Conference Food Safety Knowledge Attitude and Practices of Oncology Nurses, in Lebanese Hospitals (Abstract A-1192-0021-08324) Nursing around the World- ICN Congress 2021.
- Elgerges Najwa\* (9 April 2021) Virtual Conference The role of therapeutic education on improving DMSES (Diabetes Management Self-Efficacy Scale for people living with type 2 Diabetes) and SDSCA (Summary of Diabetes Self-Care Activities) among type 2 Lebanese diabetic patients- Tenth International Conference on Effective Teaching and Learning in Higher Education-American University of Beirut
- ElGerges Najwa\* (27 November 2020) WEBINAR: Controlling diabetes in the community: A nursing approach in a primary care setting in Lebanon-A tribute to nurses-Beirut Arab University-International Federation of Diabetes-Dialeb-Order of Nurses in Lebanon.
- ElGerges Najwa\* (November 13, 2020) Webinar Therapeutic education for people with Diabetes-Son of Man association-Dialeb.
- ElGerges Najwa\*, (February 2019): Impact of therapeutic education on quality of life of type 2 diabetic patients in Lebanon. Proceedings of the XIth International Epidemiological Association –Eastern Mediterranean Regional Scientific Meeting.
- ElGerges Najwa\*, (May 2018): Impact of therapeutic education on compliance and quality of life of type 2 diabetic patients in Lebanon Proceedings of the 2nd International Nursing Conference of the Order of Nurses in Lebanon, “Nurses leading the vision for global health”.
- Aoun A.\*, Joundi J., ElGerges N.; El Jabbour F. , El Osta L.; Eating Disorders and Post-traumatic Stress Disorder among Syrian Refugees in North Lebanon: Screening and Correlation, Abstract Submission Identifier: ESPEN17-ABS-1187- 39<sup>th</sup> ESPEN Congress, The Hague, The Netherlands, 9-12 September 2017- Bou-Mitri Christelle, Hage Boutros Paula\*; Makhoul Joelle\*; Abou Jaoude Maya & ElGerges Najwa, (April 2017) Exposure Assessment of the Lebanese Consumers to Antibiotic Residues in Red Meat and Meat Products. Proceedings of the 23<sup>rd</sup> Lebanese Association for Advancement of Science (LAAS)

## Esteemed indicators

Member of the scientific committee at the Order of Nurses-Lebanon