



### Antoine Aoun

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## Biography

Antoine Aoun is a specialist in Family Medicine and is currently an Associate Professor of Human Nutrition at the Faculty of Nursing & Health Sciences at Notre Dame University-Louaize (NDU). He is also the University Physician for NDU students. Dr Aoun obtained his specialty in Family Medicine and his diploma in Medical Ethics from Saint Joseph University in Beirut, where he was nominated 'Maitre de Conference' in 2010. He holds a PhD in Nutrition from Rouen University, a Diploma in Medical and Surgical Management of Obesity from Pitié Salpêtrière University as well as a Diploma in Malnutrition Management from René Descartes University in France. He also completed a Clinical Nutrition Fellowship at Rouen University Hospital. Dr. Aoun's major research interests include eating behaviors and habits. He works on evaluating new risks factors and screening tools for Eating Disorders in the Lebanese population, in collaboration with the Inserm (U1073) research group. Dr. Aoun was a member of the Board of the Lebanese Society of Family Medicine. Since 2005, he has participated in many relevant regional and international congresses, practiced Family Medicine and Clinical Nutrition, and taught mainly medical students and post-graduate nutrition students. Moreover, he has been the medical coordinator of 'Mission de Vie'. His teaching concentration is in basic and advanced human nutrition, macro and micronutrients metabolism, basic and advanced health.

## Peer-reviewed Journals

- Aoun A, Maalouf J, Fahed M and El Jabbour F (2019). When and how to diagnose and treat vitamin D deficiency in adults: A practical and clinical update. *J Diet Suppl*; 7:1-19.
- Aoun A, Al Hayek S and El Jabbour F (2018). The Need for a New Model of the Physician-Patient Relationship: A Challenge for Modern Medical Practice. *Family Medicine & Primary Care Review*; 20(4):379-384.
- Aoun A, Joundi J, El Gerges N. (2018). Prevalence and Correlates of a Positive Screen for Eating Disorders among Syrian Refugees. *Eur Eat Disorders Rev.*;1-11.
- Aoun A, Darwiche F, Al Hayek S and Doumit J (2018). The Fluoride Debate: The Pros and Cons Fluoridation. *Prev. Nutr. Food Sci.*; 23(3):171-180.
- Aoun A, Joundi J and El Gerges N (2018). Post-Traumatic Stress Disorder Symptoms and Associated Risk Factors: A cross-sectional study among Syrian refugees. *British Journal of Medical Practitioners*; 11(1):a1106-13.
- Aoun A, Faddoul L, El Jabbour F, El Osta N, Hlais S, El Osta L (2017). Are the Level of Knowledge and Practices of Pregnant Women Regarding Folic Acid Supplementation Still Inadequate? A Cross-Sectional Study in a Middle Eastern Urban Setting. *J Diet Suppl*; 13:1-12.
- El Osta L, El Osta N, Tannous R, Aoun A, Ghosn M and El Osta H (2017). Physicians' knowledge and attitude regarding bisphosphonates-related adverse events: An observational study. *World J Rheumatol*; 7(1): 1-7.
- Aoun A, Azzam J, El Jabbour F, Hlais S, Daham D, El Amm C, Honein K and Déchelotte P (2015). Validation of the Arabic version of the SCOFF questionnaire for the screening of eating disorders; *East Mediterr Health J*; 21 (5): 326-31.
- Rachkidi D and Aoun A (2015). Vitamin D Status and Determinants Among Ambulatory Patients: A Cross-Sectional Study. *International Journal of Research in Medical and Health Sciences*; 4 (9): 1-7.

- Aoun A, Garcia FD, Mounzer C, Hlais S, Grigioni S, Honein K and Déchelotte, P (2013). War Stress May Be Another Risk Factor For Eating Disorders In Civilians: A Study In Lebanese University Students, *Gen Hosp Psychiatry*, 35 (4), pp. 393-397.

## Peer-reviewed Conference Proceedings

- Aoun A and Dib J. Prevalences of Bulimia Nervosa and Binge Eating Disorder Among a Sample of Lebanese Children and Young Adolescents (2019). *Clinical Nutrition* 38:S151.
- Bteich S, El Gerges N, Moukarzel S, El Osta L, El Osta N, Hlais S, El Jabbour F and Aoun A (2019). Factors, Beliefs and Behaviors Related to the Use of Weight Loss Supplements. *Clinical Nutrition* 38:S161.
- Dib J, El Gerges N, Moukarzel S, El Osta L, Wehbe A, Déchelotte P and Aoun A (2019). Rate and Correlates of a Positive Screen for Eating Disorders: A Cross-Sectional Study Among Children and Young Adolescents in Lebanese Schools. *Clinical Nutrition* 38:S131.
- Aoun A and Bteich S (2019). Are the Users of Weight Loss Supplements at Higher Risk of Having a Positive Screen for Eating Disorders? *Clinical Nutrition* 38:S131.
- Hlais S, Francis R, Jneid S and Aoun A (2019). The Prevalence, Contributing Factors and Side Effects of Caffeine Consumption Among Lebanese University Medical and Pharmacy Students. *Clinical Nutrition* 38:S293.
- El Osta N, Sleiman N, Saad R, Rabbaa Khabbaz L, Fakhouri J, Aoun A, Papazian T and El Osta L (2019). Nutritional Status in Institutionalized Older Adults with Cognitive Impairment. *Clinical Nutrition* 38:S70.
- Dechelotte PM, Hlais S, Rassi C, El Osta L, Dechelotte P and Aoun A (2018). Use of Nutritional Supplements Among Lebanese Adolescents and Adults Exercising in Gyms: A Cross-Sectional Study in The City of Byblos in Lebanon. *Clinical Nutrition*; 37(1): 252.
- Dechelotte PM, El Arab H, Saad R, Dechelotte P, Aoun A, El Osta L and El Osta N (2018). Prevalence and Risk Factors of Malnutrition in Older Hospitalized Patients: An Observational Study in a Middle East Tertiary Hospital. *Clinical Nutrition*; 37(1): 251.
- Wehbe A, Abdel Rahman H, Hlais S, Aoun A, El Osta L (2018). Perception Regarding Old Age and Geriatric Institutions in the Lebanese Society. 14th EuGMS International Congress of the European Geriatric Society.
- Aoun A, Karimeh T, El Gerges N, Obeid C, Wehbe A, Hlais S (2017). Vitamin D Testing and Supplementation in Clinical Practice: A Cross-Sectional Study Among Lebanese Physicians in a Middle Eastern Urban Setting. HYPERLINK "<http://www.sciencedirect.com/science/journal/02615614>" to "Go to Clinical Nutrition on ScienceDirect" *Clinical Nutrition*; 36 (1): 162-3.
- Aoun A, Joundi J, El Gerges N, El Jabbour F and El Osta L (2017). Eating Disorders and Post-Traumatic Stress Disorder Among Syrian Refugees in North Lebanon: Screening and Correlation. *Clinical Nutrition*; 36 (1): 113.
- Chammas R, Bou Mosleh J, Jaalouk D, Bou Mitri C and Aoun A (2017). Eating Disorders Among University Students in a Middle Eastern Urban Setting: who is at Risk? *Clinical Nutrition*; 36 (1): 113-4.
- El Osta N, Saad R, Naaman N, Fakhoury J, Aoun A, Hennequin M and El Osta L (2017). Impact of Chemotherapy on Nutritional Status and Oral Health in Senior Patients with Breast Cancer. *Clinical Nutrition*; 36 (1): 84-5.
- Doumit J, Youssef MJ and Aoun A (2017). Some components of the Lebanese Mediterranean diet may increase the symptoms of Gastro Esophageal Reflux Disease (GERD). *Dubai Nutrition Conference*.
- Aoun A, Joundi J, Bou Mitri C, Wehbe A and El Gerges N (2017). Post-traumatic stress disorder symptoms and associated risk factors among Syrian refugees in North Lebanon. 22nd WONCA Europe Conference (Best Poster of the Conference- WONCA EUROPE 2017 Award).
- Aoun A, Faddoul L, El Jabbour F, El Osta N, Hlais S and El Osta L (2017). Folic Acid awareness and supplementation: a cross sectional study among pregnant women in North Lebanon. 22nd WONCA Europe Conference
- Rachkidi D and Aoun A (2014). Vitamin D status and determinants among ambulatory patients: a cross-sectional study. *Clinical Nutrition*; 33 (1): 14.
- Aoun A, Azzam J, Jabbour F, Hlais S, Grigioni S, Honein K, and Déchelotte P (2010). A New Tool in Arabic Language for the Screening of Eating Disorders (A-Scoff) in a Clinical Setting. *Clinical Nutrition*, Vol 5 (2): p. 69. (Travel Award Winner-ESPEN 2010).
- Aoun A, Boyadjian D, Nasr C, Honein K and Déchelotte P (2009) Eating Disorders Prevalence in a Population of Lebanese Students. *Proceedings of the 6th French Nutrition Society Congress*.
- Aoun A, Mounzer C, Hlais S, Grigioni S, Honein K and Déchelotte P (2009) Eating Disorders and Related Risk Factors in Lebanese Students. *Proceedings of the 6th French Nutrition Society Congress*.
- Aoun A, Leclerc S, Guédon C, Menard JF, Kotovtchikhine A, Quiesse M, Tardif C, Zenoni M, and Lerebours E (2006). Long Term Home Enteral Nutrition. *Proceedings of the French National Society of Gastro-Enterology Congress*.

## Chapters in Books

- Aoun A (2014). Obesity (Chapter 5). MOPH & LSFM. *Clinical Management Protocols for the Most Common Health Conditions in Primary Health Care (WHO)*, pp. 34-40.

## Specialized Reports

- Aoun A, Darwiche F, Al Hayek S and Doumit J (2018). The Fluoride Debate: The Pros and Cons Fluoridation. Prev. Nutr. Food Sci.; 23(3):171-180.
- Aoun A, Al Hayek S and El Jabbour F (2018). The Need for a New Model of the Physician-Patient Relationship: A Challenge for Modern Medical Practice. Family Medicine & Primary Care Review; 20(4):379-384.

## Exhibitions, Competitions and Creative Work

Member of the Jury of the NUMED Educational Tool Contest

## Esteemed indicators

Member of the Board of the Lebanese Society of Family Medicine

## CV

<https://www.ndu.edu.lb/Library/Assets/Files/Documents/NDUFacultyProfiles/NDUFacultyCVs/Antoine%20Aoun.pdf>